

# prayer book

for requesting teachings and empowerments



This is a precious dharma text, treat it with respect by not stepping over it, putting it on the floor and keeping it in a clean and high place.

**Kunzang Dorjay Chang chen men che ne**  
From the great all good Vajradhara

**Drin chen tsa way lama yen che ki**  
Down to my kind Root Lama

**Dro way dön du mönlam gang ta pa**  
Whatever prayers have been made

**Day dag tamche dag gi drub par sho**  
For the benefit of beings, may they all be fulfilled!

**Kye wa kun tu yang dak lama dang**  
In all my lives may I not be separated from authentic Lamas

**Drel me chö kyi pal la long chö ching**  
And so enjoy the splendor of Dharma

**Sa dang lam gyi yon ten rab dzog ne**  
Fully perfecting the virtues of levels and paths

**Dorje chang gi go pang nyur tob sho**  
May I speedily attain the state of Vajradhara.

## GENERATION OF BODHICITTA

**Ma namka dang nyam pa'i semchen thamche  
dewa dang dewa'i gyu dang den par gyur chig**

May all beings enjoy happiness and the causes of happiness!

**Semchen thamche dug ngel dang dug ngel  
gyi gyu dang drel war gyur chig**

May all be free from suffering and the causes of suffering!

**Semchen thamche dug ngel me pa'i dewa dam pa  
dang mi drel war gyur chig**

May all beings never be apart from the supreme bliss which is free of all suffering!

**Semchen thamche nye ring chag dang nyi dang  
drel wa'i tang nyom tshe me par la ne par gyur  
chig**

May all beings live in the great equanimity free from the attachment and aversion that keep some close and others distant!

## DEDICATION

**Sönam di yi thamche zig pa nyi**

Through this merit, may all beings attain the omniscient state of enlightenment

**Thop nay nye pe dra nam pham je nay**

And conquer the enemy of faults and delusion

**Kye ga na chi ba lab thrugpa yi**

May they all be liberated from this ocean of samsara

**Si pay tsho le drowa drolwar shog**

And from its pounding waves of birth, old age, sickness and death!

**Di dang du sum drel wa yi**

All roots of virtue accumulated in connection with this

**Ge tsa ji nye sag pa kun**

And all good deeds in the past, present and future

**Ma gyur semchen tamche la**

However many there are, I dedicate to the cause

**Sang gye tob pa'i gyur ngo'o**

Of all mother sentient beings attaining Buddhahood.

**Jampal pawö ji tar khyen pa dang**

Just as the bodhisattva Manjushri attained omniscience

**Kuntuzangpo de yang de zhin te**

And Samantabhadra too

**De dag kun gyi je su dag lob ching**

All these merits now I dedicate

**Gewa di dag thamche rab tu ngo**

To train and follow in their footsteps.

**Dü sum sheg pe gyalwa thamche kyi**

As all the victorious Buddhas of the past, present and future

**Ngo wa gang la chog tu ngag pa de**

Praise dedication as supreme

**Dag gi gewe tsawa di kun kyang**

So now I too dedicate all these sources of merit of mine

**Zangpo chö chir rab tu ngo war gyi**

For all beings to perfect Good Actions.

**TAKING REFUGE**

**Sangye chö dang tshog kyi chog nam la**

In the Jewels of the Buddha, Dharma and the Sangha

**Jang chub bardu dag ni kyab su chi**

We take refuge until we attain enlightenment

**Dag gi jin sog gyi pa'i sonam kyi**

By the merit of practicing generosity and the like

**Dro la phen chir sangye drub par shog**

May we attain Buddhahood for the benefit of all beings.

(recite three times)

## **SUPPLICATION TO THE LAMA**

**Shri og min chö kyi yingkyi podrang ne**  
Shri! In the palace of Unexcelled Dharmadatu,

**Du sum sang gye kun gyi ngowo nyi**  
The essence of all the Buddhas of the three times

**Rang sem chöku ngon sum ton dze pa**  
Who bring about the direct introduction  
to one's own mind, the Dharmakaya;

**Tsa wa'i lama namla solwa deb**  
The Root Lamas, to you I pray.

## **SHORT MANDALA OFFERING**

**Sa zhi po chu jug ching metog tram**  
The earth anointed with perfumed water and strewn  
with flowers

**Ri rab ling zhi nyi da gyen pa di**  
Mount Meru and the Four Continents ornamented  
with the Sun and Moon,

**Sangye zhing du mig te phul wa yi**  
By offering them visualised as a Buddha field

**Dro kun nam dag zhing la chö par chog**  
May all sentient beings enjoy the Pure Land.

**E dam ratna mandala kam nirya ta ya mi**

## REQUESTING THE TEACHINGS

### **Semchen ne kyi sam pa dang**

Please turn the wheel of the Dharma

### **Lo yi je drag ji ta war**

Grant the teachings of the Hinayana and Mahayana

### **Che chung thun mong theg pa yi**

To all sentient beings

### **Chö kyi khor lo kor du sol**

According to their intelligence and receptivity.

## SEVEN LINE PRAYER

### **Hung orgyen yul gyi nub chang tsham**

Hung! In the northwest of the country of Oddiyana,

### **Padma gesar dong po la**

(Born) on the pistil stem of a lotus

### **Ya tshen chog gi ngödrub nye**

Endowed with the marvelous supreme attainment,

### **Padma jung nye zhe su drag**

Renowned as the Lotus-Born

### **Khor du khadro mangpö kor**

Surrounded by a retinue of many dakinis,

### **Kye kyi je su dag drub kyi**

Following you I shall practice;

### **Jin gyi lab chir sheg su sol**

Please come and bless (me)

### **Guru Padma Siddhi Hung**